

Frederick Elderman
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SUMMARY OF QUALIFICATIONS

Experience creating personal development plans and referring older adults to needed services

Plan, develop, implement and deliver appropriate activities to meet the physical, social, and psychological needs of the aging population

Exhibit behaviors and conduct that reflect safe, legal, and ethical gerontological practices

Evaluate and advocate in the area of aging public policy

Obtains ethical and cultural awareness related to aging

Strong interpersonal communication skills, including written and oral

EDUCATION

Northeast Wisconsin Technical College, Green Bay, WI

Associate Degree, Gerontology

May 2025

Relevant coursework: Intro to Gerontology, Physical Aspects of Aging, Healthy Aging, Alzheimer's & Dementia, Death and Dying, Generations & Diversity

Certification, Nursing Assistant

May 2024

WORK EXPERIENCE

Gerontology Intern

January 2025 - Present

Advocate Health Care, Green Bay, WI

Provide guidance to facilitate interaction or services that connect people with lifelong well-being

Guide and facilitate members and their families toward interaction with resources appropriate for the care and well-being

Work in collaboration with a multi-disciplinary team, employing a variety of strategies, approaches and techniques to enable a member to manage their physical, environmental and psycho-social health issues

Assess health, environment, nutrition, and psycho-social areas of concern using a variety of techniques

Coach and problem solve with clients to identify and address specific goals to support positive health and behavior changes

Certified Nursing Assistant

May 2024 - Present

GranCare, Green Bay, WI

Work efficiently with others; possess tact, discretion, and diplomacy

Ability to work under stress and complete duties sometimes with numerous interruptions

Accurately document the type of care given

Communicate information to supervisor and coworkers

Handled equipment used to move residents, take vital signs, and document in charts

Ability to understand printed health-related material