

COMMUNITY EDUCATION, F'2024

NWTC Sister Bay provides state-of-the-art resources that support a growing economy and vibrant quality of life in northern Door County. To register, call 920-746-4970 or email sisterbay@nwtc.edu. We are located at 2438 S. Bay Shore Drive, Sister Bay.

CLASSES AND EVENTS	DATE	TIME	FEE	NOTES
Balance	Tues, Dec 3	2:00 – 3:00 pm	FREE	
Learn how your body keeps your balance, what makes you lose your balance and how you can make your balance better and decrease your risk of falling. Presented by Krista Keck, PT, DPT from Door County Medical Center				
Baking Memories: Royal Icing Decorating	Wed, Dec 4	10 am-noon	\$20	Call 920-746-4970 to reserve a spot. Bring cookie sheet and course fee (\$20 cash only)
Healthy Lifestyle Habits	Tues, Dec 10	2:00 – 3:00 pm	FREE	
Learn the pillars of health and wellness. Learn what you can do to optimize a healthy lifestyle. Presented by Krista Keck, PT, DPT from Door County Medical Center				
CLASSES AND EVENTS	DATE	TIME	FEE	NOTES
Introduction to Soap Making	Wed, Dec 11	10am-3:00 pm Lunch break from noon-1:00 pm	\$20 & \$20 supplies fee	Limited to 8 participants. Participants should bring an apron and course & supplies fee (\$40 cash only) and wear close-toed shoe to class.

